

“True wisdom means the freedom from self-centeredness, for self-centeredness distorts reality.” — D.T. Suzuki



Caroline Brazier

Author

**Other-Centred Therapy:
Buddhist Psychology in Action**



David Brazier

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**Who Loves Dies Well –
On the Brink of Buddha's Pureland**



Rev. Daijaku Judith Kinst

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Gregg Krech

Author

**Naikan: Gratitude, Grace and the
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Clark Strand

Author

**Meditation Without Gurus:
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First International Conference on Other-Centered Approaches (ICOCA) • New Directions in Buddhist Psychology •

Western psychology has long been dominated by the notion of self: self-esteem, self-entitlement, self-gratification, self-awareness, and self-knowledge. Yet, our spiritual and psychological well-being is not measured by self-concern, but by a directional shift of attention which involves understanding, appreciation, and compassion for others.

This ground-breaking conference, rooted in Buddhist psychology, will present other-centered approaches, which offer fresh, new tools to address challenges in the field of mental health, education, religion, human relations, chaplaincy, and more.

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February 18 - 20, 2011

Standard Registration Fee: \$215

Early Discount: \$185 until 12/15/10

Member Rates \$150. Early Discount \$125 by 12/15/10.

Full-time Students with ID: \$100. Early Discount: \$85 by 12/15/10.

Continuing Education Units will be provided. The Institute of Buddhist Studies is authorized to provide continuing education units to MFT's and LCSW's in accordance with the California Board of Behavioral Sciences (provider # PCE 4834). For details on numbers of units and cancellation policies, visit: www.shin-ibs.edu/icoca/php

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