



INSTITUTE OF BUDDHIST STUDIES

2140 DURANT AVENUE, BERKELEY, CA 94704-1589
TELEPHONE 510.809.1444 FACSIMILE 510.809.1443

* SPRING COURSES 2018 *

ONLINE COURSE

HRHS-8454 Topics In Buddhist Traditions of Japan **Instructor: Taigen Dan Leighton**

Subtitle: Teachings of Zen Master Dōgen

The writings of Dōgen, 13th century Japanese Sōtō Zen founder, are a unique highpoint of Zen literature. Exploring profound Buddhist philosophical issues, Dōgen creatively used poetic language and wordplay to evocatively express the meaning of practice/enlightenment, and to train his students who successfully established Sōtō Zen in Japan. We will do textual study of a selection of Dōgen's major writings, including teachings about meditation, nature mysticism, community life, koans (teaching stories), and Buddhist theories of temporality. After discussing background material on Dōgen, and several of the essays from one of Dōgen's major works, *Shōbōgenzō* (True Dharma Eye Treasury), we will focus on the short discourses to his students in Dōgen's Extensive Record, which demonstrate his teaching style and humor. We will consider the impact of Dōgen's various background sources, including the Chinese koan tradition, the Japanese poetic and aesthetic tradition, the East Asian Buddhist monastic tradition, and Mahayana sutras and bodhisattva lore. We will also explore how Dōgen's challenging writings relate to modern spiritual issues. Prerequisite: Some Buddhist studies, including Mahayana. *Prerequisites: Introductory course in Buddhism, including the Mahayana*
Faculty permission required, pin required,
Maximum enrollment: 15

HRPS-8320 Psychological Aspects of Buddhism III **Instructor: Gordon Bermant**

This online seminar integrates Buddhist doctrine and practice with advances in neuroscience, cognitive science, and modern psychology. The integration benefits from the foundation provided by Evan Thompson in *Waking, Dreaming, Being* (Columbia Univ. Press, 2015). This will be the primary text for the seminar, augmented by additional readings that will be provided through the course Moodle site. In the past, the seminar has appealed to students from various seminaries, and all are welcome. The major requirement is to be open to alternative frameworks of understanding and to do whatever work is required to catch up on new developments across a broad spectrum of disciplines.

REGULAR COURSES

HR-3017 Readings in Mahayana Texts **Instructors: Harry Bridge & Kiyonobu Kuwahara** **Monday 9:40AM – 12:30PM; JSC Room 130** **Subtitle: Triple Sutra**

An introduction to selected Mahayana Buddhist texts in English translation. In this semester we will read the Three Pure Land Sutras: the *Larger Sukhavativyuha Sutra*, the *Smaller Sukhavativyuha Sutra*, and the *Contemplation Sutra on the Buddha of Infinite Life*. The course will introduce the overall structure of each text and examine major doctrinal issues, which form the foundation of the Pure Land teaching.

Course format: Lecture.

Evaluation method: Participation/term paper

HRHS-5526 Topics in Buddhism in West **Instructor: Scott Mitchell**

Monday 2:10PM – 5:00PM, JSC 130

Instructor selects specialized topic related to the introduction of Buddhist thought and practice. Course may be repeated for credit, if topic is different.

HRCE-3002 Buddhist Ethics

Instructors: Gil Fronsdal and Diana Clark
Tuesday 9:40AM – 12:30PM, JSC 131

Living an ethical life is a foundational part of the Buddhist path of practice. Accordingly, teachings on ethics are the basis for all Buddhist teachings. In this course we will explore key ethical teachings, guidelines and attitudes in early Buddhism. In addition, in examining how Buddhist ethics is applied, we will explore Buddhist approaches to modern day issues related to such areas as the environment, suicide, abortion and euthanasia, social conflict and economics.

Course Format: Lecture/seminar.

Method of Evaluation: class participation, weekly reflection papers and final paper.

Course is suitable for MA/MDiv/MTS. PhD/DMin/ThD with additional requirements.

No prerequisites for this course

HR-4569 Works of Shinran IV

Instructor: David Matsumoto

Thursday 2:10PM – 5:00PM; JSC 130

Subtitle: Tannisho

This course is an introduction to the teachings of Shinran through a study of a key summary of his thought. Course will utilize English translations to support the study of the original text.

Prerequisites: HRPB 1614 Introduction to Shin Buddhist Thought, and at least one year of college level Japanese language study

Faculty Permission Required

PIN Code Required

Fulfills Area Distribution Requirement for Area I.

HRSP-1508 Intro to Buddhist Meditation**Instructor: Bhante Seelawimala****Thursday 9:40AM – 12:30PM; JSC Room 130****Subtitle: Introduction to Early Buddhist Meditation**

Early Buddhist Meditation is a carefully developed series of mental exercises that are designed to effectively treat various mental and emotional disorders. *Samatha* and *Vipassana* are two main areas of Buddhist Meditation found in the Pali Buddhist Texts written in 1st century B.C. and the 4th century commentary on them called *Visuddhimagga*. These texts will be used as the resources for the course.

Class format: One part of the class will be a lecture and other part will be students' presentation and class discussion. Limited amount of the class time will be used for actual practice.

Evaluation: Final research paper and individual collection of technical terms and their definitions will be required by the end of the course.

PSHR-5160 Topics Buddhist Pastoral Care**Instructor: Daijaku Kinst****Thursday 9:40AM – 12:30PM; JSC Room 131****Subtitle: Healing Models, Narratives, and Practices in Buddhist Traditions**

In this seminar we will examine models of healing in Buddhist traditions, the teachings and narratives that give rise to them, and the practices that express them - as well as their relevance for contemporary ministry, chaplaincy, and pastoral care. We will consider a variety of perspectives and use them to explore and develop ways to assess and respond to pastoral care encounters. The focus of the class will be on creatively furthering the field of Buddhist pastoral care with specific attention to its applied dimension.

Class format: seminar.

Evaluation: class participation/presentation of final research paper/facilitation of one class discussion.

Maximum enrollment: 12

PIN code required

Auditors with faculty permission

HRCE-3014 Issues in Buddhist Ministry**Instructor: Seigen Yamaoka****Thursday 2:10PM – 5:00PM; JSC 133**

Explore the difficulties and direction in Buddhist Ministry within the Western context. Also, through a person-centered educational process, explore ways and means to develop one's personal ministry for the West. To study and evaluate an educational process will be the core element of the course.

Format: Lecture/seminar

Evaluation: Research papers, which include personal reflection documents within the words of the Buddhist teachers. Course is for MA students with an emphasis on ministry and chaplaincy.

HRHS-1518 Buddhist Traditions of East Asia**Instructor: Bruno Galasek-Hul****Friday 9:40AM – 12:30PM; JSC 131**

Introduces the Buddhist traditions transmitted to East Asia and the development of new traditions. Second half of the required yearlong introductory survey of the entire Buddhist tradition.

Class format: Lecture/seminar.

Requirements: 1 research paper; 1 reflection paper; class presentation.

Required course for: M.A. (Buddhist Studies), M.B.S., M.Div., Buddhist Chaplaincy Certificate Program, Kyoshi Certificate Program.

PSHR-3013 Buddhist Chaplaincy**Instructor: Gil Fronsdal****Sati Center**

The practice of Buddhist chaplaincy demands the development of compassion and non-judgmental mind, and at the same time offers intense opportunities to develop these qualities. Chaplains serve in variety of settings in which people are under stress of one kind or another, including hospitals and hospices, prisons and jails, and military. This two-semester sequence of training is offered by the Sati Center (Redwood City, CA) in affiliation with IBS. Over the course of ten months, through discussion, readings, meditation, and internship, the student will not only learn about chaplaincy, but begin to develop the necessary skills and understandings for compassionate service to others who are in need, whether they are Buddhists or not. Course limited to IBS students. Both semesters must be completed for credit to be awarded. NOTE: To be accepted in the course, a separate application must be submitted directly to the Sati Center with a \$50 application fee. <http://www.sati.org/chaplaincy-training/>. Student will be interviewed, and if accepted, will pay a separate tuition of \$1800 for two semesters to the Sati Center. Tuition cost is based on Academic Year 2016/17, and is subject to change.

Auditors Excluded

Interview, Faculty Permission, and Pin Required.

MA-5020 Exchange Study Program**Instructor: Scott Mitchell**

For study at the IBS affiliate, Ryukoku University, in Kyoto, Japan, or at Dharma Drum Institute of Liberal Arts, (formerly known as Dharma Drum Buddhist College,) in New Taipei, Taiwan. Open to IBS and GTU students only. In order for exchange programs to be recorded on the permanent academic record, students must be registered for this course. Registration is necessary for students who wish to receive academic credit for their work in the exchange program or who wish to be eligible for financial aid or deferment while they participate in the exchange program.

Written permission of IBS administration required.

Auditors Excluded

Faculty permission required (PIN REQUIRED)