

HR 3040

Zen Buddhism: Introduction to Zen Meditation

Spring 2016, Mondays 2:10 – 5:00 PM

IBS/JSC

Instructor: Charlie Pokorny - korin108@gmail.com

Office hours: by appointment

Course Level: Introductory

Units: 3.0

Syllabus revised January 2016

OVERVIEW OF THE COURSE

This is an introductory course aimed at developing a sound basic understanding of and experience in Zen Buddhist meditation practices. We will explore teachings on the Soto Zen practice of *shikantaza* “just sitting” as well as *kōan* practice in both the Soto and Rinzai traditions. Participation in meditation practice as well as discussion of traditional and contemporary literature on Zen meditation practice are essential aspects of the class. We will read and discuss writings that focus on Zen meditation practice as it occurs in ritual, bowing, and ordinary, everyday activities such as cooking. We will also consider Zen meditation practices as they relate to fundamental Buddhist teachings and practices. There are no prerequisites for this course.

Student Outcomes:

- Students will be able to describe the basic philosophy and practice of Zen Buddhist meditation including *shikantaza* and *kōan* practice.
- Students will develop experience and understanding of Zen Buddhist meditation practice through instruction, reading materials, short meditation sessions in class, as well as meditation outside of class.
- Students will explore the relevance of Zen Buddhist meditation practices for their spiritual and religious life through dialogue, personal reflection, and meditation practice.

Required Text:

- Looi, John Daido, ed. *The Art of Just Sitting: Essential Writings on the Zen Practice of Shikantaza*. Boston: Wisdom Publications, 2002. (Referred to in the syllabus as “ART OF JUST SITTING”)
- Please note that additional required and optional reading assignments will be available online through Moodle. Please make sure you will be able to access Moodle. The Moodle key for the course is: justsit

GRADING OVERVIEW

Course Requirements:

1. Weekly required reading and writing assignments. Through week 12, please prepare a one page paper on each week’s topic and reading materials. Papers will be presented in class as part of class discussion. Papers should include your reflections and questions on the topic at hand. Critical engagement is welcome.
2. Classroom attendance. Please check in with me when you will be unable to attend a class meeting. If you must miss more than two classes, it can affect your grade. Please check in with me about how you can make up for this.

3. Class participation. This includes actively participating in class discussions and short in-class meditation sessions. The nature and depth of this course is dependent upon class participation.
4. Commitment to a daily practice of meditation.
5. Visit to a Zen temple or practice center for zazen instruction, participation in a scheduled period of meditation, and one other activity such as a lecture, ritual, or teaching. A two page paper relating your experience to specific class readings due by week 13 of the semester. A list of local centers is available on Moodle.
6. Term paper (see below).

Recommended:

Commitment to maintaining a daily personal reflection journal is recommended but not required. *Journal entries are for your personal use.*

Grading

- Classroom attendance, preparation and participation: 50%
- Paper: 50%

PAPER REQUIREMENT: GUIDELINES

All papers should follow these guidelines:

- Papers should be 15 pages in length. Please use 12 pt. font, Times New Roman, double-spaced, 1" margins, .5" indent for each new paragraph.
- Papers must include reference works. Follow the *Turabian* citation style. Include a bibliography.
- The final paper should work from or develop a theme or specific aspect of class material.
- Please be in touch with instructor regarding your paper topic by the end of reading week.
- Final papers are due the last week of class.
- Please email your papers in Word Doc format if possible to korin108@gmail.com. I will email them back to with comments (if you would rather turn in a hard copy, please check in with me first).

SYLLABUS

I. INTRODUCTION

Week 1 – February 1st

Introduction, Course Overview, Major Themes and Concerns of the Course, How to Take This Course

No Reading Assignment

Week 2 – February 8th

How to Practice Zazen

Reading:

- ART OF JUST SITTING 95–100.
- Aoyama, Shundo. “The ABC of Meditation,” In *Walking on Lotus Flowers: Buddhist Women Living, Loving and Meditating*. Edited by Martine Batchelor. London: Thorsons, 1996. 48–52.
- Batchelor, Martine. “Zen Meditation Exercises,” “On a Retreat” (excerpts). In *Principles of Zen: The Only Introduction You’ll Ever Need*. London: Thorsons, 1999. 72–86, 96–100.
- Fischer, Norman. “Introduction.” In *Beyond Thinking: A Guide to Zen Meditation*. Edited by Kazuaki Tanahashi. Boston: Shambhala, 2004. XXIII–XXXIV.
- Okamura, Shohaku, editor. *Shikantaza: An Introduction to Zazen*. Tokyo: Sotoshu Shumicho, 1996. 3–15.
- Wallace, Alan. “The Spectrum of Buddhist Practice in the West.” In *Westward Dharma: Buddhism Beyond Asia* edited by Charles Prebish and Martin Bauman. Berkeley and Los Angeles: University of California Press, 2002. 34–50.

Optional Reading:

- Aronson, Harvey. “The Joys and Perils of Individuality.” In *Buddhist Practice on Western Ground: Reconciling Eastern Ideals and Western Psychology*. Boston: Shambhala, 2004. 19–31.
- Looi, John Daido. “Introduction: The Anatomy of the Zen Kōan.” In *Sitting with Kōans: Essential Writings on the Practice of Zen Kōan Introspection*. Boston: Wisdom Publications, 2006. 1–7.
- Manuel, Earthlyn. “The Zen Mirror of Tokeiji.” In *The Hidden Lamp: Stories from Twenty-five Years of Awakened Women*. Edited by Florence Caplow and Susan Moon. Boston: Wisdom Publications, 2013. 128–130.

February 15th – No Class, “President’s Day”

II. HISTORICAL CONTEXTS AND OVERVIEW

Week 3 – February 22nd

Buddhist Meditation in India and China

Reading:

- ART OF JUST SITTING 177–186.
- Donner, Neal. “Sudden and Gradual Intimately Conjoined: Chih-i’s T’ien-t’ai View.” In *Sudden and Gradual Approaches to Enlightenment* edited by Peter Gregory. Honolulu: University of Hawaii, Kuroda Institute, 1987. 201–26.
- Griffiths, Paul. “Indian Buddhist Meditation.” In *Buddhist Spirituality: Indian, South Asia, Tibetan and Early Chinese* edited by Takeuchi Yoshinori. New York: Crossroad Publishing Company, 1995. 34–66.

Optional Reading:

- Stevenson, Daniel. "The Four Kinds of Samadhi in Early T'ien-t'ai Buddhism." In *Traditions of Meditation in Chinese Buddhism* edited by Peter N. Gregory. Honolulu: University of Hawaii Press, 1986. 45–97.
- Wright, Dale. "The Thought of Enlightenment in Fa-tsang's Hua-yen Buddhism." *The Eastern Buddhist* Vol XXXIII, No. 2 (Fall 2001). 97–106.

Week 4 – February 29th

Chan (Zen) Buddhism and the Sudden Approach

Reading:

- McRae, John. "Shen-hui and the Teaching of Sudden Enlightenment in Early Ch'an Buddhism." In *Sudden and Gradual: Approaches to Enlightenment in Chinese Thought* edited by Peter N. Gregory. Delhi: Motilal Banarsidass, 1991. 227–259.
- Yampolsky, Philip. *The Platform Sutra of the Sixth Patriarch*. New York: Columbia University Press, 1967. 111–121, 125–43.

Optional Reading:

- ART OF JUST SITTING 187–215.
- Yampolsky, Philip. *The Platform Sutra of the Sixth Patriarch*. New York: Columbia University Press, 1967. 1–57 (this can be a bit technical, I recommend reading pages 1–3, 32–39, 47–57, and skimming the rest).

Week 5 – March 7th

Soto-Rinzai Divergence

Reading:

- ART OF JUST SITTING ix–xii, 1–10, 13–18, 221–223.
- Buswell, Robert E. Jr. "The 'Short-cut' Approach of K'an-hua Meditation." In *Sitting with Kōans: Essential Writings on the Practice of Zen Kōan Introspection*. Boston: Wisdom Publications, 2006. 75–90.
- Schlutter, Morten. "A Dog Has No Buddha-Nature: Kanhua Chan and Dahui Zonggao's Attacks on Silent Illumination," and "Silent Illumination and the Caodong Tradition." In *How Zen Became Zen: The Dispute Over Enlightenment and the Formation of Chan Buddhism in Song Dynasty China*. Honolulu: University of Hawaii Press, 2008. 104–121, 144–153 and 168–174 are required, the remainder of this chapter (153–168) is optional.

Optional Reading:

- ART OF JUST SITTING 117–126
- Schlutter, Morten. "'Before the Empty Eon' versus 'A Dog Has No Buddha-Nature': Kung-an Use in the Ts'ao-tung Tradition and Ta-hui's Kung-an Introspection Ch'an." In *The Kōan: Texts and Contexts* edited by Steven Heine and Dale Wright. Oxford: Oxford University Press, 2000. 168–199.
- Shibayama, Zenkei. "Zuigan Calls 'Master.'" In *The Gateless Barrier: Zen Comments on the Mumonkan*. Boston: Shambhala, 1974. 91–98.

Week 6 – March 14th

Developments in Kōan Meditation

Reading:

- Hakuin, Ekaku. “The Voice of the Sound of One Hand.” In *Sitting with Kōans: Essential Writings on the Practice of Zen Kōan Introspection*. Boston: Wisdom Publications, 2006. 211–228.
- Hori, Victor Sogen. “The Nature of the Rinzaï (Linji) Kōan Practice,” and “The Steps of Kōan Practice.” In *Zen Sand: The Book of Capping Phrases for Kōan Practice*. Honolulu: University of Hawaii Press, 2003. 5–29.
- Kusan Sunim, “Instructions for Meditation.” In *The Way of Korean Zen*. Tokyo: Weatherhill, 2009. 59–72.
- Osaka, Koryu. “On Enlightenment, Kōans, and Shikantaza.” In *On Zen Practice: Body, Breath and Mind* edited by Taizan Maezumi and Bernie Glassman. Boston: Wisdom Publications, 1999. 89–95.
- Yampolsky, Phillip. “Hakuin Ekaku and the Modern Kōan System.” In *Sitting with Kōans: Essential Writings on the Practice of Zen Kōan Introspection*. Boston: Wisdom Publications, 2006. 185–189.
- Yasutani, Hakuun. “Kōan Practice and Shikantaza.” In *On Zen Practice: Body, Breath and Mind* edited by Taizan Maezumi and Bernie Glassman. Boston: Wisdom Publications, 1999. 97–100.

Optional Reading:

- Hakuin, Ekaku. “Orategama Zokushu.” In *Sitting with Kōans: Essential Writings on the Practice of Zen Kōan Introspection*. Boston: Wisdom Publications, 2006. 191–210.
- Kasulis, T.P. “Hakuin: The Psychodynamics of Zen Training.” In *Zen Action, Zen Person*. Honolulu: University of Hawaii Press, 1989. 104–124.
- Schlutter, Morten. “‘Who Is Reciting the Name of the Buddha?’ as *Gongan* in Chinese Chan Buddhism.” *Frontiers of History in China*. 2013, Vol. 8 Issue (3): 366–388.
- Stevens, John. Selections on Hakuin. In *Three Zen Masters*. Tokyo: Kodansha International, 1993. 76–79, 83–87.

March 21st – No Class, “Reading Week”

Week 7 – March 28th

Dogen and Soto Zen; Zazen and Shikantaza

Reading:

- ART OF JUST SITTING 19–23, 67–94, 105–115, 145–166.

Optional Reading:

- Bodiford, William M. “Kōan Zen.” In *Sōtō Zen in Medieval Japan*. Honolulu: University of Hawai’i Press, 1993. 143–162.
- Cook, Francis H. “The Importance of Faith.” In *How to Raise an Ox*. Boston: Wisdom Publications, 1999. 19–32.

- Fischer, Zoketsu Norman. "On Zazen." In *The Gethsemani Encounter: A Dialogue on the Spiritual Life by Buddhist and Christian Monastics* edited by Donald Mitchell and James Wiseman. London: Bloomsbury Academic, 1999. 41–46.
- Foulk, Griff. "Dogen's Use of Rujing's 'Just Sit' (*shikan taza*) and Other Kōans." In *Dogen and Soto Zen* ed. Steven Heine. Oxford: Oxford University Press, 2015. 23–45.
- Tanahashi, Kazuaki, translator. "Actualizing the Fundamental Point: Genjo Kōan." In *Moon in a Dewdrop: Writings of Zen Master Dogen*. New York: Northpoint Press, 1995. 69–73.

III. TOPICAL DIMENSIONS

Week 8 – April 4th

Embodiment and Ritual Performance

Reading:

- ART OF JUST SITTING 21–23.
- Anderson, Reb. "A Ceremony for the Encouragement of Zazen." In *Warm Smiles from Cold Mountains: Dharma Talks on Zen Meditation*. Berkeley: Rodmell Press, 1999. 11–19.
- Arai, Paula. Selections on Ritual and domestic Zen in *Bringing Zen Home: The Healing Heart of Japanese Women's Rituals*. Honolulu: University of Hawaii Press, 2011. 20–22, 37–42.
- Leighton, Taigen Dan. "Zazen as Enactment Ritual." In *Zen Ritual: Studies of Zen Buddhist Theory in Practice* edited by Steven Heine and Dale Wright. Oxford: Oxford University Press, 2007. 167–184.
- Leighton, Taigen Dan. "Practicing the Awesome Presence of Active Buddhas." In *Zen Questions: Zazen, Dogen, and the Spirit of Creative Inquiry*. Boston: Wisdom Publications, 2011. 75–77.
- Mohr, Michael. "Somatic Implications of Kōan Practice." In *The Kōan: Texts and Contexts* edited by Steven Heine and Dale Wright. Oxford: Oxford University Press, 2000. 256–259.
- Stephenson, Barry. "The Kōan as Ritual Performance." *Journal of the American Academy of Religion* 73/2 (June 2005). 475–96.
- Suzuki, Shunryu. "Bowing." In *Zen Mind Beginner's Mind*. Boston: Shambhala, 2011. 43–47.

Optional Reading:

- Faure, Bernard. "Ritual Antiritualism." In *The Rhetoric of Immediacy: A Cultural Critique of Chan/Zen Buddhism*. Princeton: Princeton University Press, 1991. 284–303.
- Wright, Dale. "Introduction: Rethinking Ritual Practice in Zen Buddhism." In *Zen Ritual: Studies of Zen Buddhist Theory in Practice* edited by Steven Heine and Dale Wright. Oxford: Oxford University Press, 2007. 3–15.

Week 9 – April 11th

Thinking and Non-thinking

Reading:

- ART OF JUST SITTING 25–53, 127–144, 167–173.
- Bielefeldt, Carl. “Nonthinking and the Practice of the Seated Buddha.” In *Dogen’s Manuals of Zen Meditation*. Berkeley, Los Angeles, London: The University of California Press, 1988. 146–151.
- Katagiri, Dainin. “Burning the Flame of Life,” “Nonthinking,” and “Mindfulness as the Middle Way.” In *Returning to Silence*. Boston: Shambhala, 1998. 27–30.
- Kim, Hee-Jin. “What is Non-Thinking.” In *Dogen on Meditation And Thinking: A Reflection on His View of Zen*. Albany: State University of New York Press, 2006. 87–91.
- Uchiyama, Kosho. “Letting Go of Thoughts.” In *Opening the Hand of Thought: Foundations of Zen Buddhist Practice*. Boston: Wisdom Publications, 2004. 49–52.

Optional Reading:

- Bielefeldt, Carl. “Nonthinking and the Practice of the Seated Buddha.” In *Dogen’s Manuals of Zen Meditation*. Berkeley, Los Angeles, London: The University of California Press, 1988. 133–160.
- Cook, Francis D. “Introduction.” In *How to Raise an Ox*. Boston: Wisdom Publications, 1999. 1–18.
- Matsumoto, Shiro. “The Meaning of Zen.” In *Pruning the Bodhi Tree: The Storm over Critical Buddhism*, edited by Jamie Hubbard and Paul Swanson. Honolulu: University of Hawaii Press, 1997. 242–250.
- Sharf, Robert. “Is Nirvāṇa the Same as Insentience? Chinese Struggles with an Indian Buddhist Ideal.” In *India in the Chinese Imagination: Myth, Religion, and Thought* edited by John Kieschnick and Meir Shahar. Philadelphia: University of Pennsylvania Press, 2014. 141–170.

Week 10 – April 18th

Zen Meditation, Precepts and Ethics

Reading:

- Aitken, Robert. “The Nature of the Precepts.” In *The Mind of Clover: Essays on Zen Buddhist Ethics*. Berkeley: North Point Press, 1984. 3–15.
- Anderson, Reb. “Let the Buddha Seed Grow: Not Killing.” In *Being Upright: Zen Meditation and the Bodhisattva Precepts*. Berkeley: Rodmell Press, 2001. 88–99.
- Dogen, Eihei. “Essay on Teaching and Conferring the Precepts (*Kyojukaimon*).” Unpublished translation by Reb Anderson.
- Riggs, David. “Are Soto Zen Precepts for Ethical Guidance or Ceremonial Transformation: Menzan’s Attempted Reforms and Contemporary Practices.” In *Dogen and Soto Zen* edited by Steven Heine. Oxford: Oxford University Press, 2015. 188–209.
- Suzuki, Shunryu. “Zazen, Rituals and Precepts Cannot be Separated.” In *Windbell: Teachings from the San Francisco Zen Center - 1968-2001* edited by Michael Wenger. Berkeley: North Atlantic Books, 2001. 39–46.

Optional Reading:

- Bodiford, William. "Bodhidharma's Precepts in Japan." In *Going Forth: Visions of Buddhist Vinaya* edited by William Bodiford. Honolulu: University of Hawaii Press, 2005. 185–209.
- Bodiford, William. "Precepts and Ordination." In *Soto Zen in Medieval Japan*. Honolulu: University of Hawai'i Press, 1993. 163–184

Week 11 – April 25th

Zen Meditation in Work and Daily Life

Reading:

- ART OF JUST SITTING 55–66, 101–104.
- Cook, Francis H. "Giving Life to Our Lives." In *How to Raise an Ox*. Boston: Wisdom Publications, 1999. 73–83.
- Dogen, Eihei. "Instructions for the Cook (*Tenzokyokun*)." In *Refining Your Life: From the Zen Kitchen to Enlightenment*. Tokyo: Weatherhill, 1987. 3–19.
- Oboro, Selections from *The Tiger's Cave* translated by Trevor Leggett. Rutland, VT: Charles E. Tuttle, 1994. 36–38, 45–48, 51–54, 58–64, 120–125.

Optional Reading:

- Cook, Francis H. "The Scriptures." In *How to Raise an Ox*. Boston: Wisdom Publications, 1999. 63–71.
- Foster, Nelson and Jack Shoemaker, editors. "Bassui," "Bankei," and "Baisao." In *The Roaring Stream: A New Zen Reader*. Hopewell, NJ: The Ecco Press, 1996. 260–266, 296–303, 314–320.

Week 12 – May 2nd

Women, Gender and Meditation

Reading:

- Arai, Paula. "Dogen and Women" and "Meiji Reclamations." In *Women Living Zen: Japanese Soto Buddhist Nuns*. Oxford: Oxford University Press, 2012. 36–48.
- Arai, Paula. "Historical Background." In *Women Living Zen: Japanese Soto Buddhist Nuns*. Oxford: Oxford University Press, 2012. 31–36.
- Arai, Paula. "The Way of Healing." In *Bringing Zen Home: The Healing Heart of Japanese Women's Rituals*. Honolulu: University of Hawaii Press, 2011. 29–33, 61–64.
- Caplow, Florence and Susan Moon, editors. *The Hidden Lamp: Stories from Twenty-five Years of Awakened Women*. Boston: Wisdom Publications, 2013. 213–215, 271–273, 342–244,
- Dogen, Eihei. "Getting the Marrow by Doing Obeisance (*Raihakitokuzui*)." In *Soto Zen Text Project* (<http://scbs.stanford.edu/sztp3/>) translated by Stanley Weinstein.
- Hopkinson, Deborah and Susan Murcott. "The Kahawai Koans." In *Not Mixing Up Buddhism: Essays on Women and Buddhism*. Fredonia, NY: White Pine Press, 1987. 30–35.

• Levering, Miriam L. "Lin-chi (Rinzai) Ch'an and Gender: The Rhetoric of Equality and the Rhetoric of Heroes." In *Buddhism, Sexuality, and Gender* edited by Jose Ignacio Cabezon. Albany: State University of New York Press, 1991. 137–155.

Optional Reading:

• Arai, Paula. "The Way of Healing." In *Bringing Zen Home: The Healing Heart of Japanese Women's Rituals*. Honolulu: University of Hawaii Press, 2011. 29–64.

• Arai, Paula. "Twentieth Century Leadership." In *Women Living Zen: Japanese Soto Buddhist Nuns*. Oxford: Oxford University Press, 2012. 49–81.

IV. CONTEMPORARY PERSPECTIVES

Week 13 – May 9th

Critical Dimensions and Perspectives

*** *Temple visit paper due* ***

Reading:

• Hakamaya, Noriaki. "Thoughts on the Ideological Background of Social Discrimination." In *Pruning the Bodhi Tree: The Storm over Critical Buddhism* edited by Jamie Hubbard and Paul Swanson. Honolulu: University of Hawaii Press, 1997. 339–355.

• Hirata, Seiko. "Secular Freedom and Desecularized Freedom." In *Rude Awakenings: Zen, the Kyoto School and the Question of Nationalism* edited by James W. Heisig. Honolulu: University of Hawaii Press, 1995. 11–15.

• Ives, Christopher. "Nationalist Zen." In *Rude Awakenings: Zen, the Kyoto School and the Question of Nationalism* edited by James W. Heisig. Honolulu: University of Hawaii Press, 1995. 17–22.

• Victoria, Brian Daizen. *Zen at War*. Rowman & Littlefield Publishers, 2006. 95–112.

Optional Reading:

• Hruby, Patrick. "Marines Expanding use of Meditation Training." In *The Washington Times* Wednesday, December 5, 2012.

• Sharf, Robert. "The Zen of Japanese Nationalism." *History of Religions*, Vol. 33, No. 1 (Aug., 1993), 1–43.

• Sharf, Robert. "Buddhist Modernism and the Rhetoric of Meditative Experience." *Numen* 42, no. 3 (Oct. 1995): 228–283.

• Swanson, Paul. "Why They Say Zen Is Not Buddhism." In *Pruning the Bodhi Tree: The Storm over Critical Buddhism* edited by Jamie Hubbard and Paul Swanson. Honolulu: University of Hawaii Press, 1997. 3–29.

Psychotherapy, Neuroscience and Zen Meditation

Reading:

- Aronson, Harvey. “Light and Shadow,” “Ego, Ego on the Wall: What is Ego After All?” and “Do We Need to Resolve our Psychological Issues Before Meditating?” In *Buddhist Practice on Western Ground: Reconciling Eastern Ideals and Western Psychology*. Boston: Shambhala, 2004. 1–9, 64–90 and 195–198.
- Masis, Katherine V. “American Zen and Psychotherapy: An Ongoing Dialogue.” In *Awakening and Insight: Zen Buddhism and Psychotherapy* edited by Young-Eisendrath, Polly and Shoji Muramoto. Howe and New York: Brunner-Routledge, 2002. 147–167.

Optional Reading:

- Anbeek, Christa W. and Peter A. de Groot. “Buddhism and Psychotherapy in the West: Nishitani and Dialectical Behavior Therapy.” In *Awakening and Insight: Zen Buddhism and Psychotherapy* edited by Young-Eisendrath, Polly and Shoji Muramoto. Howe and New York: Brunner-Routledge, 2002. 183–198.
- Austin, James. “Updating Selected Research.” In *Selfless Insight: Zen and the Meditative Transformations of Consciousness*. Cambridge: MIT Press, 2011. 251–269.
- Braboszcz, Claire, Stéphanie Hahusseau and Arnaud Delorme. “Meditation and Neuroscience: From Basic Research to Clinical Practice.” In *Handbook of Integrative Clinical Psychology, Psychiatry and Behavioral Medicine: Perspectives, Practices and Research* edited by Roland Carlstedt. Springer Publishing, 2009. 1910–1929.
- Engler, Jack. “Therapeutic Aims in Psychotherapy and Meditation: Development Stages in the Representation of Self.” In *Transformations of Consciousness: Conventional and Contemplative Perspectives on Development* edited by Ken Wilber, Jack Engler, and David Brown. Boston: Shambhala, 1986. 31–50.
- Hanson, Rick and Richard Mendius. “The Self-Transforming Brain.” In *Buddha’s Brain: The Practical Neuroscience of Happiness, Love and Wisdom*. Oakland, CA: New Harbinger Publications, 2009. 5–19.
- Payne, Richard K. “Locating Buddhism, Locating Psychology.” In *Awakening and Insight: Zen Buddhism and Psychotherapy* edited by Young-Eisendrath, Polly and Shoji Muramoto. Howe and New York: Brunner-Routledge, 2002. 169–181.
- Schedneck, Brooke. “The Decontextualization of Asian Practices in the Context of Globalization.” In *Journal for Cultural and Religious Theory* vol. 12. no. 3 (Spring 2013). 36–54.
- Sharf, Robert. “Is Mindfulness Buddhist? (And Why It Matters).” In *Transcultural Psychiatry* 0(0) (2014). 1–15.

***** Papers Due by Friday May 20th *****

Please email your papers in Word Doc format if possible to korin108@gmail.com

I will email them back to you with comments

(if you would rather turn in a hard copy, please check in with me first)